Community Resources

2-1-1 UTAH

This national resource directory provides contact information for community resources related to independent living. This includes housing supports, child-care, senior-care, food access, career services, utility assistance, and more.

Utah.gov

This website provides community engagement resources, especially for those with disabilities. This includes support groups, advocacy organizations, employment, and counsel.





More Information :



(801) 542-7060



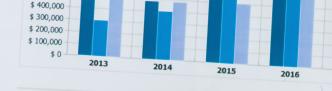
info@changescounseling.org



8221 S 700 E, Sandy, UT 84070



https://www.changescounseling.org/



SALES COMPARISON - QUANTITY

Year	Company A		
		Company B	ACCESSION OF TAXABLE
2013	47		Compa
2014	41	71	43
2015	32	65	
		48	25
			34
2017	50	35	60
		27	78
2015 2016 2017	32	48 35	

FINANCL

et for each category in the Sun etions sheet to see how your a

\$500.00

\$375.00

\$250.00

Work & Financial Management

Mt

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Food	\$350.00
Home	\$300.00
Medical	\$100.00
Personal Items	\$300.00

Personality & Career

Personality Types

Performance

Personality impacts the person's motivation to complete the tasks required. Performance may vary depending on a person's incentive, whether it be to make money, gain recognition for their skill, or help others. This is important to consider during career exploration to improve retention and satisfaction.

Satisfaction

Personality impacts the way a person receives and responds to feedback. It alters a person's perception of praise and/or criticisms. This is important for navigating workplace challenges and overcoming differences. Identify your personality type to identify personal motives, strengths, and limitations. Use this insight to improve work relations, family dynamics, and habits.

https://www.colorcode.com/

Red: Technical & Leader Yellow: Social & Spontaneous Blue: Intimate & Responsible White: Kind & Objective



Personality & Financial Habits

Multiple factors influence the development of our financial management habits.

- Observation of others
- Education regarding budgeting and investing
- Personality and motivation

Personal motivations for spending or saving money may not align with family values.

Financial stress leads to higher rates of interpersonal conflict and substance abuse.

To reduce conflict, determine joint vs. individual expenses, identify collective goals, and maintain open communication regarding concerns.