MAY 2024 CHANGES COUNSELING

Individual Counseling Available until 7PM Office Hours: Mon to Fri 9:00 AM - 7:00 PM Saturday 9:00 AM - 6:00 PM
Office: (801)542-7060 Text/UA: (801)987-0225 Email: info@changescounseling.org WWW.CHANGESCOUNSELING.ORG 8221 South 700 East, Sandy, UT 84070
ALL GROUPS USING GOTO VIDEO A&D = Alcohol & Drug DV = Domestic Violence MRT = Moral Reconation Therapy UA = Urinalysis

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 29 OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #3 7-8pm MRT Group	12-1pm COED DV Group	MAY 1 1-2pm COED A&D Group 5:30-6:30pm MRT Group	MAY 2 5:30-6:30pm Women's A&D Group 6:30-7:30pm Women's DV Group	MAY 3	NO Thinking Error this Saturday 11-3 Prime for Life #4 4-5pm COED DV Group 5-6pm COED A&D Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's A&D Group 5:30-7pm Anger Mgmt Techniques #1 of 4 5:30-7pm Parenting #1 7-8pm Men's DV Group	1-2pm COED A&D Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #1 of 4	5:30-6:30pm Women's A&D Group 6:30-7:30pm Women's DV Group	10	10am-4pm Anger Mgmt Techniques 6HRS 11am-3pm Prime for Life #1 4-5pm COED DV group 5-6pm COED A&D Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #1 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's A&D Group 5:30-7pm Anger Mgmt Techniques #2 of 4 5:30-7pm Parenting #2 6-10-pm Prime for Life #2 7-8pm Men's DV Group	1-2pm COED A&D Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition Group #2 of 4	5:30-6:30pm Women's A&D Group 6:30-7:30pm Women's DV Group	17	18 10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #2 4-5pm COED DV Group 5-6pm COED A&D Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #3 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's A&D Group 5:30-7pm Anger Mgmt Techniques #3 of 4 5:30-7pm Parenting #3 6-10pm Prime for Life #4 7-8pm Men's DV Group	1-2pm COED A&D Group 5:30-6:30p MRT Group 6:30-8pm Thinking Error Recognition #3 of 4	5:30-6:30pm Women's A&D Group 6:30-7:30pm Women's DV Group		11am-3pm Prime for Life #3 4-5 pm COED DV group 5-6 pm COED A&D Group UA TESTS OK TIL 5:45 pm SAT
HAPPY MEMORIAL DAY! CLOSED FOR THE HOLIDAY!	12-1pm COED DV Group 5:30-6:30pm Men's A&D Group 5:30-7pm Anger Mgmt Techniques #4 of 4	1-2pm COED A&D Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4	5:30-6:30pm Women's A&D Group 6:30-7:30pm Women's DV Group	31	10am-4pm Thinking Error 1 Recognition 6HRS 11am-3pm Prime for Life #4 4-5pm COED DV Group 5-6pm COED A&D Group UA TESTS OK TIL 5:45 pm